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# PSYCH MATTERS

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*The Quarterly Newsletter of Psychology at Oakland University*

## Psychology Students Walk To More Than Just Classes

by Jacquelyn Watters

The beginning of a new semester brings new classes, new books, and new challenges. On Sunday, September 17th, four Oakland University Psi Chi/Psychology Club members, stepped out, and up, to a new challenge. Joining hundreds of people in downtown Royal Oak, we participated in the 2000 AIDS Walk Detroit. Together with friends and family, students and faculty of Oakland University helped to raise close to \$800.

Volunteers working for the cause kicked off the event at 8:00 am with the AIDS quilt Opening Ceremony. Several sections of the quilt were displayed on Main Street in downtown Royal Oak. Walkers were encouraged to view all the different quilt sections made by friends and loved ones of those who have died from the AIDS virus. Walkers were also encouraged to complete an "I walk because..." form and post it on the kiosks located near the starting line. The actual walk itself, a 5 km stroll through downtown Royal Oak, started at 10:00 am, with a pre-opening ceremony hosted by radio personalities Jay Towers and the Morning Revolution from 93.1 WDRQ, and WXYZ Channel 7 News Personality Diana Lewis.

Walkers were supplied with food and beverages from local businesses, including New York Bagel Factory, Prontos, and BD's Mongolian Barbeque. Little Caesar's Pizza was even there serving up pizza slices, hot and fresh, just before the walk started. While loading up on carbohydrates and caffeine, we watched as walkers who made an especially grand effort to raise money for the cause, were crowned with metallic gold-jeweled crowns.

Volunteers, who seemed to be relentlessly impersonating cheerleaders, were strategically placed around the walk route to

cheer on the walkers. Donned with kazoos, bubbles, radios and bottled water, these enthusiastic individuals kept our pace, and our spirits high.

Patrick Faircloth, President of Psi Chi/Psychology Club, had the opportunity to speak with WXYZ channel 7, and could be seen that evening during the 5:00 pm news broadcast discussing why AIDS was an event that interested Psychology students of Oakland University. While Patrick made it known that AIDS is a global and universal disease that effects everyone, here are a few more facts we picked up at the walk to help back that statement up. "Since 1991, AIDS Walk Detroit has raised more than \$760,000. In 1998 alone, more than 10,000 people worked to raise over \$214,688 to fight the HIV/AIDS disease". This year members of the Psi Chi/Psychology Club helped to bring the grand total up a little bit more. So, incase anyone is wondering why we walked, here are just a few of the many reasons. Contrary to popular beliefs, HIV/AIDS is not a gay disease, or a disease that only affects I.V. drug users. FACT: 5.6 million individuals were newly infected with HIV in 1999. FACT: 33.6 million individuals are living with HIV/AIDS. Something a little closer to home, 12,500 of those living with AIDS/HIV live in Michigan. Closer yet, "70% of Michigan's infected persons are estimated to live in the Detroit Metropolitan area".

There is no doubt that treatment of AIDS has changed. The advent of potent antiretrovirus drugs and the implementation of combination therapies have been widely heralded as major breakthroughs in the treatment of HIV and AIDS. For individuals who respond effectively to the new therapies, there is a renewed sense of hope and optimism. Tragically, the new treatments do not work for everyone. In addition, HIV/AIDS continues to spread at an alarming rate. This is why we MUST CONTINUE TO WALK!!!

While volunteers for AIDS Walk Detroit are getting ready for next years big event, members of Psi Chi/Psychology Club are lacing up our running shoes for the next challenge, Heart Walk America, which takes place on October 7, 2000 right here at Oakland University. ♦

See p. 3 for AIDS Walk Picture

### INSIDE MATTERS

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# The Department Matters

Sometimes we slide into the Fall semester just as smooth as silk, and other times the experience is, shall we say "interesting". I regret that so many textbooks were so late in arriving, and I hope that the inconvenience you experienced was endurable. It was "interesting" for me to witness an employee from the Wallace bookstore explain that Professor Stewart was late in getting his book order in and that this was the reason his books were not on the shelf. The look on this young man's face when I informed him that I was Professor Stewart was "interesting" enough, but it was nothing in comparison with his expression when I showed him that I had ordered my books on March 17, 2000. Yes, I did ask him just how much earlier I should have placed my order, I just could not resist the temptation. Moral of this tale: don't necessarily believe everything they tell you about the cause for the late textbooks.



Prof. Stewart

OK, on to more positive news, the Department of Psychology has been authorized to search for an Industrial/Organization psychologist to join the faculty. The position announcement can be found on at <http://www.acs.oakland.edu/psych/io2000.html> if you are interested in learning more about the type of person we hope to hire. As has been the practice in recent years, students will be invited to play a role in the hiring process by interviewing the finalists when they come to campus. It is important that students be able to interview all (usually three) candidates in order to make a comparison, and those students who participated in past searches have found it a worthwhile endeavor. We expect these visits to occur in February or March with a final decision to be made soon thereafter.

Other positive news, the Department of Psychology received funds to upgrade the computers in room 101. The older Gateways that were here have been moved to various sites around Pryale to provide basic word processing functionality and internet access, and six new (fast) Dell computers have taken their place. For many of us access to a computer has become a basic need in order to do the things we all must do. This reliance on hardware is only going to grow in the future as the importance of computer literacy grows. Funds were also received to upgrade the computers used by many of the faculty. We hope that these upgrades will lead to enhanced platform and application compatibility and increased productivity for all.

One more piece of positive news, the Department of Psychology has initiated steps to bring more technology into the classroom to facilitate our efforts to improve instruction. You and I both know that book publishers have been packaging CD ROMs with their books for a number of years, and that most of us, faculty and students alike, have not used these supplements to their full capacity. Two new laptop computers were purchased to

create a pool of hardware designated for instructional purposes to assist faculty who want to use these and other technologies in their classes. I look forward to the day when I can leave a classroom never having touched a piece of chalk and having had graphs, outlines, and animations to illustrate the principles of my lecture content.

Finally, I want to draw your attention to what I consider to be the really important things reported in this newsletter. It has always been my opinion that a student who attends classes without getting involved in the other aspects of college life is missing a major part of the learning experience offered by a university. In this newsletter you will see that Psi Chi has been involved in a walk to raise funds for AIDS and Cardiac Disease Research and will be continuing its work with the Whitmer Human Resource Center (WHRC) in Pontiac. My guess is that you know what AIDS is, what a heart attack does to someone, and what a walk to raise funds entails. The same may not be true about Whitmer. WHRC is a very unusual elementary school where 100% of the students qualify for the school breakfast and lunch program. No other school in the entire state of Michigan has this many kids living below the poverty line and qualifying for such meals. For many of these kids the breakfast and lunch at WHRC are the only meals they will eat each day. Psi Chi has provided baskets of food, toys for Christmas, school supplies and backpacks, and tutoring to assist the youngest children improve their reading abilities. I learned over the weekend that our efforts with the reading program contributed to an overall improvement resulting in the school's "percent at grade" reading level being the highest it has ever been. When I compare the situations of us purchasing new computer hardware with that of WHRC I am stunned by the disparity. I hope that you will read Tanya's description of what she and her colleagues accomplished at WHRC closely and ask yourself why you cannot do the same.

**Robby**

### **Alumni Accomplishment!!!**

JaylanTurkkan received her BA in psychology from OU in 1971 and has just been appointed SUNY Buffalo's new Vice President of Research.  
Congratulations!!!

PSYCHMATTERS  
The Department of Psychology  
Oakland University - 111 Pryale Hall  
Rochester, MI 48309-4489

or  
e-mail: [pmatters@oakland.edu](mailto:pmatters@oakland.edu)

# PSI CHI MATTERS

by  
Patrick Faircloth, Psi Chi President

Congratulations to all! Last year our average attendance at our monthly meetings was 12 people. Our first meeting this year was attended by 15 people, our second by 35 people and our last meeting on October 3, was attended by 57 people! As I have been told since the Psi-Chi chapter/Psychology Club began here at Oakland there has never been a meeting with attendance this huge! In talking with people I have realized that this explosion in attendance is due to posting flyers in the dorms, a banner in the O.C., and finally the Class Liaison Program.

Speaking of the Class Liaison Program, of the 30 classes currently being taught we have 23 of them covered. The six remaining classes are: Psy 100 W 5-8:20pm 203 ODH, Psy 251 M/W 3:30-5:17pm 273 SFH, Psy 343 T/Th 3-4:47pm 164 SEB, Psy 215 M/W/F 1:20-2:27pm 168 SEB, Psy 225 M 6:30-9:50pm 202 ODH, Psy 225nrs T 5-8:20pm 167 SFH, Psy 341 W 6:30-9:50pm 368 SFH. If you are in one of these classes or would be able to attend them for 5 minutes at the beginning or end a couple of times a month please email me at solace1@home.com to become a Class Liaison. Our goal is 100% coverage of all psychology classes and at least 80 people minimum in attendance at our meetings.

The next exciting thing I have to report is that currently Lauryn Rosta and the committee on chapter/club visibility and I have been working on Chapter/Club Jackets. At present it seems we will offer 4 styles of jackets, 2 styles of shirts, 2 styles of hats and 3 embroidered designs to pick from. All items will be priced completely at cost.

Lastly, addressing the 3 goals I set this year I am currently investigating with the Department Chair (Dr. Stewart) the possibility of developing a panel to judge student research (in the broader sense) for members of the Chapter/Club that may entail a 1st, 2nd, and 3rd place cash prize.

In closing, remember that if you have an idea, questions, or if you just want to tell me something, I want to know about it. E-mail me at solace1@home.com. See you at the meetings. ♦



AIDS Walk 2000  
From left to right: Michelle Pelker, Jacquelyn Waters,  
Paul Carlin and Pat Faircloth

## Attention Alumni!!

Got something to say? Share your news or comments! Send any information you would like to share about experience in your career, graduate school, or psychology in general. This information is valuable and fun to read for current students! Also, please let us know about address changes.

Send any information to:

Att: Psi Chi  
Oakland University  
111 Pryale Hall  
Rochester, MI  
48309-4489

## Please support Psi Chi/Psych. Club!

Donations make possible activities for students such as, club meetings and student research!

\$20 \_\_\_\_\_

\$50 \_\_\_\_\_

\$100 \_\_\_\_\_

Other \_\_\_\_\_

\*Please make checks payable to Oakland University and write Department of Psychology on the memo line.

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# PROFILE: Prof. Allan Bellamy Ph.D.

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by Prof. Allan Bellamy, Ph.D.

Oakland University, Wayne State University, or Michigan State University, which school should I attend? At the time what seemed like a very complex and difficult decision, now is a "no brainer". After transferring from Oakland Community College, I had doubts if I had made the right decision to attend OU. Knowing that I wanted to apply to graduate school, but having no idea what it would take to get into a graduate program, I was embraced and mentored by many of the psychology faculty. Within my first semester at OU, I was given the opportunity to work in several research labs and I gradually understood what graduate school and a career in psychology would be like. At this point, I knew I made the right decision: Oakland University!

Immediately after graduating, I was off to The University of Tennessee, Knoxville to become a "Volunteer". Here I entered the Ph.D. program in Clinical Psychology. As a graduate student, my research interests involved ethnic identity, racism, race history, forgiveness, anger, stress, occupational

disorders, and industrial/organizational psychology. Presently, I am completing the required year long internship for clinical students at the Wayne State University School of Medicine, Department of Psychiatry and Behavioral Neurosciences.

As a graduate student at the University of Tennessee, other graduate students would ask, "What school are you from?" Some had heard of Oakland and others would respond, "Oh, the school in California!" But be assured that Oakland has a great reputation of academicians and is probably one of the best-kept secrets in the country. As I compared myself to other psychology graduate students who were from other historically larger universities throughout the country, I noticed that they were not any more prepared for graduate work and study as myself. In fact, as I began to learn more about other students undergraduate experiences, to my surprise, they did not have the vast exposure and "hands on" experience to research as part of their undergraduate curriculum. Many gained much of their experience from Master's programs or job experience. Some

reported not having a mentoring and/or a working "student/faculty" relationship to prepare themselves academically and psychologically for the rigorous graduate work. Some suggested they felt like they were a "needle in the haystack" amongst the very large psychology classes and departments. Nevertheless, I can certainly attest that my graduate school success can be attributed to the research experience obtained in the labs of Dr. Christine Hansen, Dr. Randy Hansen, Dr. Algea Harrison, Dr. Lawrence Lilliston, and to the academic advising of Dr. Robert Stewart, as well as the mentoring and guidance that was provided by each faculty member at Oakland University.

In short, Oakland University is an outstanding university with excellent, renowned faculty that prepares students for the future. It certainly is an honor and a pleasure to be teaching in the psychology department here at Oakland University. It will be my utmost priority to continue with the schools mission: to mentor, motivate, educate and prepare students for the future.

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## Advising Matters by Prof. Mary Eberly

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Hello, psychology majors and those of you thinking of becoming psychology majors! I hope your semester is going well. I have a bit of information to share with you. First, office hours for Chief Advising are on Wednesdays from 2:00 to 6:30 p.m. Please sign up outside of room 112 Pryale should you wish to speak with me. Second, for those of you who consider yourselves psychology majors, but haven't signed a form to say that IN FACT you are a psychology major, please pick up a "Change of Major Form" from Lori (room 130 Pryale Hall) or myself (room 112 Pryale Hall). We need to know who you are. Often many students who transferred to Oakland University "said" that their major was psychology, at least at their former institution. However, that does not carry over as a declared major at Oakland. Please be doubly sure that you are listed as a psychology major "in the system." One way to be sure is to check and see if your name is listed in the psychology majors advising list. The list is located across the lobby from room 130. If your name is not listed, then you are not yet considered to be a psychology major. Third, and perhaps most importantly, the Careers Workshop is scheduled for Saturday, October 28, 2000 from 9:00 a.m. to 1:00 p.m. During this workshop, I will be discussing career options for bachelor degrees and master's degrees. A wonderful group of Psy Chi/Psychology Club members have compiled information and a list of questions about careers in psychology. For example, questions you might have and that we will address are: What jobs can I get? What will be my starting salary? How should I present my major and myself at a job interview? What should I say in a personal statement? What if I want to go to graduate school later, after I work for a few years? What courses should I take during my undergraduate career to prepare me for my future occupation? How can I find out about what jobs are available in the Metro-Detroit area? Should I do an internship? What internships are available? Perhaps the most important question: How can I decide what I want to do? There are just soooooo many options. My staff and I will hopefully provide as many answers as possible. I would like to encourage you to come.

Best wishes, -- Dr. E

# Whitmer Service Project

By Tanya Adman

Many students who were active in Psi Chi and the Psychology Club last year are familiar with the service project, working with the children at Whitmer Human Resource center in Pontiac. Since several of the new students and members are unfamiliar with the community activities and volunteer opportunities that Psi Chi/Psychology Club participates in, I would like to take this opportunity to describe the main community service project that we have been active in and to familiarize everyone with what we did in the past, and what we plan to do throughout this semester and next.

Whitmer Human Resource Center consists of children from a variety of different backgrounds and cultures, growing up in homes with low socioeconomic status, where English is often the second language spoken. Because many of the children's parents do not speak English to them at home, they are not developing the language skills necessary to increase reading capacity. Not only are these children not exposed to the English language enough at home, but they are also deprived of the benefits of being read to at a critical time when it is necessary for them to expand their reading skills.

This is where O.U. students come in. Last year several students participated as volunteer reading tutors, going into classrooms once a week and doing such activities as reading to the children one on one or in small groups, listening to the children read stories, and teaching them how to spell and read at a higher level. Although the reading tutors volunteered for only one semester (about 4 months), the improvement in the children was incredible. Not only did the children like reading more, but they also gained confidence in their reading abilities as well. Because of last year's success, the staff at Whitmer H.R.C would like to continue the tutoring program again this year, inviting all interested O.U. students to participate in giving the children

the special attention they need to successfully develop their reading skills.

Along with volunteering as tutors, members of Psi Chi/Psychology Club also participated in Whitmer H.R.C. Family Nights, which are held once every few months. During Family Nights, the children are invited along with their families to participate in several activities such as brain-teasers and crafts, in an attempt to get the families more involved at school. At these events, volunteers are needed to interact with the children and their families with various activities. Everyone who participated in volunteering last year had a wonderful time working with the staff at Whitmer H.R.C. to put smiles on the faces of many appreciative children. Again this year, we plan to help volunteer with the school activities and hope that we will be able to have as much Psi Chi/Psychology Club support from the members as we have had in the past.

Due to the fact that most of the children attending Whitmer H.R.C. come from homes with low socioeconomic status, several of them are in need of school supplies. Last year, O.U. students worked together with volunteers from the Birmingham Unitarian Church to buy backpacks filled with school supplies for all of the children in need.

This year we plan to volunteer our assistance in support of the activities at Whitmer H.R.C., but we can only do that with the help of our members in Psi Chi/Psychology Club. The number of Psychology Club members has greatly increased this year and we hope that this increase will enable us to work as a team to do much more for our community than we have done in the past. Please get involved! The children at Whitmer H.R.C. are counting on you! Anyone who is interested in volunteering or who would like more information, please e-mail me with any questions that you have at: tanya\_adman@yahoo.com. ♦

## Quick Tip:

A Service Project, like Whitmer, could be a great resume booster for Grad. school!!!

## Job Opportunity In The Field!!!

Hi,

I am the mother of a 4 year old daughter, who has autism. We live in Macomb Twp., MI. We are currently giving her home based intensive behavioral therapy (ABA). This is a proven method for the treatment of autism. It should be given 30-40 hours per week. Currently she is getting it from her parents, which is not enough! We are looking for 2 to 3 therapists. Prior experience isn't necessary. They will be trained by a behavior consultant, and compensated well for their efforts. Thank you very much.

Sincerely,

Maitreyi Satapathy

**\*Please call (810) 677-1760 or e-mail:**

***Pramod@c3net.net* if you would like to respond.**

## 2000-2001 Officers

*of the OU*

*Psi Chi Chapter/  
Psychology Club*

Pres: Patrick Faircloth

Vice Pres:

Cheryl Stayer and Jacquelyn Waters

Secretary: Tanya Adman

Treasurer: Tamara Jackson

Student Editors of

**PSYCHMATTERS:**

Michelle Pelker and Jessica Sharp

# PSYCH MATTERS

Postage

The Quarterly Newsletter of Psychology at Oakland University

The Department of Psychology  
Oakland University  
111 Pryale Hall  
Rochester, MI 48309-4489

To:

## FINAL MATTERS: Calender 2000

Calendar for November/December Fall 2000

November:

11/07: Monthly meeting  
12:00-1:00pm  
Heritage Room in the O.C.  
Speaker: Dr. Stewart  
All Students Welcome  
Free Lunch Provided

11/21: Guest Speaker  
12:00 - 1:00pm  
Speaker: TBA  
Heritage Room in the O.C.

December:

12/05: Monthly Meeting  
12:00-1:00pm  
Location: TBA  
Speaker: Dr. Stewart  
All Students Welcome  
Free Lunch Provided

Important Dates:  
12/11: End of Fall Term  
12/13-12/19: Exam Period  
1/3: Residence Halls Re-open  
1/4: Walk-In Registration

## REMINDER

The Psi Chi/Psychology Club meets the first Tuesday of every month from 12-1pm in the Oakland Center. Free lunch provided. All students welcome.

Psi Chi/Psychology Club  
[www.oakland.edu/psych/psi-chi/pmatters@oakland.edu](http://www.oakland.edu/psych/psi-chi/pmatters@oakland.edu)

**FALL OFFICE HOURS:**  
12-1pm, Mon.-Thur.

(lower lounge of Pryale Hall)